

# Poverty, pathology and pills



15<sup>th</sup>-16<sup>th</sup> January 2019, London



# Policy, practice and impact

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# Moralistic narratives

**time to change**

let's end mental health discrimination

News > UK > UK Politics

## DWP 'tells disability benefits assessors to discriminate against people with mental health conditions'

It comes after ministers suggested people with anxiety do not really need help

**Jon Stone** Political Correspondent | @jonstone |  
Tuesday 14 March 2017 18:03 | | 293 comments



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People with mobility issues caused by anxiety will be affected by the policy (Alamy)

# The rise of talking therapies

- Over 900,000 people now access IAPT services every year

## Talking therapies a victim of their own success, says DH

13 January 2014 | By [Sofia Lind](#)

## Disrupting Improving Access to Psychological Therapies: I just want to not feel shit

IAPT is top down and exists because a government said so. How might digital make IAPT something that suits people?

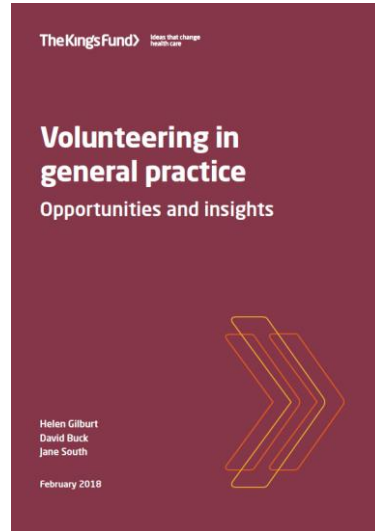
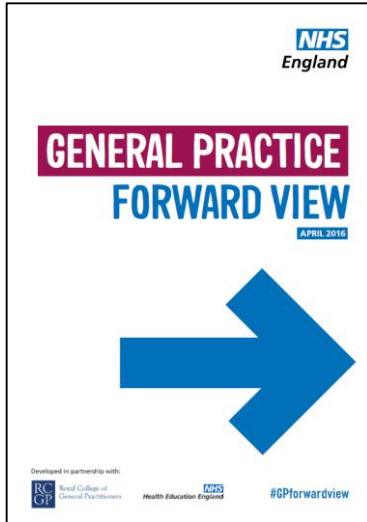


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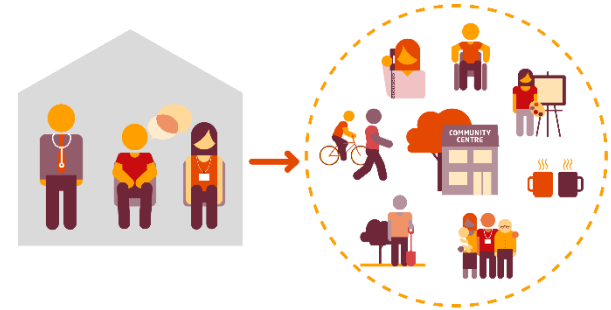
Dec 10, 2018 · 19 min read

# Challenges facing GPs

- Commitment to funding 3000 mental health workers in General Practice



## Social prescribing



- Over 900,000 people are able to be referred to social prescribing by 2023/4

# Children and young people



02 March 2018

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## Authors



[Helen Gilbert](#)

In January 2017, Theresa May announced the government's intention to publish a Green Paper on children and young people's mental health tackling the burning injustice of poor mental health care. The Green Paper *Transforming children and young people's mental health provision* was published at the end of 2017, and a subsequent consultation paper outlines how the government intends to achieve this.

- CAMHS services only able to support 25% of children and young people
- Prevalence of low mental wellbeing in adults increases with the number of adverse childhood experiences
- Disadvantaged and vulnerable children at greatest risk

# Tackling inequalities through policy

- At a population level inequalities in health are persistent and stubborn to shift – they will not reduce unless we actively focus on them
- The last comprehensive cross-government strategy on health inequalities showed positive impact
- We need a multi-factorial approach, across government and through the NHS

